

## **Driving instructions**

A690 heading south from Sunderland

Coaches must follow the A690 through Durham city as there are a number of low, weak bridges and some stretches of narrow road on this route. Follow signs for Framwellgate Moor, Newton Hall and Brasside.

From West Rainton, this journey should take approximately 10 minutes.

- Follow the A690 until you approach the right hand turnings for West Rainton. There are three to choose from and it is recommended you take the third one, (after the Harvest Energy petrol station).
- The road will turn back on itself and, after about 100 yards, you will see a left hand turn beside "Hairs and Graces".  
Take that left hand turn.
- Follow the road straight out the other side of the village.
- You will see a Maximum Speed Limit sign. Slow down and take a left hand turn signed for Cocken Lodge Golf Course and Finchale Priory.
- Follow that road straight, until you reach a 'T' junction.
- Turn left and continue past Finchale Training College. At the roundabout, go straight on.
- You should start seeing Adventure Valley signs from here but if not, at the next roundabout, at the Newton Grange pub, turn left.
- Follow this road straight down. Pass Frankland prison and continue on the single track lane till you see the gate and entrance sign.